New stabilized discretizations for poroelasticity and the Stokes’ equations

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Abstract

In this work, we consider the popular P1–RT0–P0 discretization of the three-field formulation of Biot’s consolidation problem. Since this finite-element formulation is not uniformly stable with respect to the physical parameters, several issues arise in numerical simulations. For example, when the permeability is small with respect to the mesh size, volumetric locking may occur. To alleviate such problems, we consider a well-known stabilization technique with face bubble functions. We then design a perturbation of the bilinear form, which allows for local elimination of the bubble functions. We further prove that such perturbation is consistent and the resulting scheme has optimal approximation properties for both Biot’s model as well as the Stokes’ equations. For the former, the number of degrees of freedom is the same as for the classical P1–RT0–P0 discretization and for the latter (Stokes’ equations) the number of degrees of freedom is the same as for a P1–P0 discretization. We present numerical tests confirming the theoretical results for the poroelastic and the Stokes’ test problems.

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1. Introduction

The interaction between the deformation and fluid flow in a fluid-saturated porous medium is the object of study in poroelasticity theory. Such coupling has been modeled in the early one-dimensional work of Terzaghi [1]. A more general three-dimensional mathematical formulation was then established by Maurice Biot in several pioneering publications (see [2] and [3]). Biot’s models are widely used nowadays in the modeling of many applications in different fields, ranging from geomechanics and petroleum engineering, to biomechanics. The existence and
uniqueness of the solution for these problems have been investigated by Showalter in [4] and by Zenisek in [5]. Regarding the numerical simulation of the poroelasticity equations, there have been numerous contributions using finite-difference schemes [6,7] and finite-volume methods (see [8,9] for recent developments). Finite-element methods, which are the subject of this work, have also been considered (see for example the monograph by Lewis and Schrefler [10] and the references therein).

Stable finite-element schemes are constructed by either choosing discrete spaces satisfying appropriate inf–sup (or LBB) conditions, or applying suitable stabilization techniques to unstable finite-element pairs. For two-field (displacement–pressure) formulations of Biot’s problem, the classical Taylor–Hood elements belong to the first class [11–13], as well as the MINI element [14]. On the other hand, a stabilized discretization based on linear finite elements for both displacements and pressure was recently analyzed in [14], and belongs to the second type. Regarding three-field formulations, which include the Darcy velocity as an unknown, several conforming and non-conforming discretizations involving Stokes-stable finite-element spaces were proposed in recent years. For instance, a stable finite-element method based on non-conforming Crouzeix–Raviart finite elements for the displacements, lowest order Raviart–Thomas–Nédélec elements for the Darcy velocity, and piecewise constants for the pressure was proposed in [15]. In [16], a family of parameter-robust three-field finite-element schemes were proposed and analyzed and a general theory for the error analysis was introduced. Additionally, a novel three-field formulation based on displacement, pressure, and total pressure was proposed in [17] with error estimates independent of the Lamé constants, yielding a locking-free approach. Furthermore, in [18], one finds a parameter-robust error analysis and optimal preconditioning techniques for several discretizations of three-field formulations for Biot’s model. For a four-field formulation of the problem, which includes the stress tensor, the fluid flux, the solid displacement, and the pore pressure as unknowns, a stable approach is proposed in [19]. In that work, two sets of mixed finite elements, one for linear elasticity and one for mixed Poisson, are coupled for the spatial discretization. Finally, stable iterative schemes, such as the fixed stress method, have also been developed and analyzed for formulations of Biot’s model (e.g., [20,21]).

This paper focuses on the three-field formulation, which has received a lot of attention from the point of view of novel discretizations [22–24], as well as for the design of efficient solvers [25–27]. Because of its application to existing reservoir engineering simulators, one of the most frequently considered schemes is a three-field formulation based on piecewise linear elements for displacements, Raviart–Thomas–Nédélec elements for the fluid flux, and piecewise constants for the pressure. This element, however, does not satisfy an inf–sup condition uniformly with respect to the physical parameters of the problem. Thus, we propose a stabilization of this popular element which gives rise to uniform error bounds, keeping the same number of degrees of freedom as in the original method.

A consequence of our analysis is that a new stable scheme for the Stokes’ equations is derived. The resulting method can be seen as a perturbation of the well-known unstable pair based on piecewise linear and piecewise constant elements for velocities and pressure, respectively (P1–P0). However, this perturbation yields a stable finite-element pair for Stokes, which has the lowest possible number of degrees of freedom.

The rest of the paper is organized as follows. Section 2 is devoted to describing Biot’s problem and, in particular, the considered three-field formulation and its discretization. A numerical example is given, illustrating the difficulties that appear when using the standard, unstabilized, approach. In Section 3, we introduce the stabilized scheme in which we consider the enrichment of the piecewise linear continuous finite-element space with edge/face (2D/3D) bubble functions. Section 4 is devoted to the local elimination of the bubbles to maintain the same number of degrees of freedom as in the original scheme. The well-posedness of the resulting scheme, as well as the corresponding error analysis are also provided here. In Section 5, we present the Stokes-stable finite-element method based on P1–P0 finite elements obtained by following the same strategy as presented in the previous sections for poroelasticity. Finally, in Section 6, we confirm the uniform convergence properties of the stabilized schemes for both poroelasticity and Stokes’ equations through some numerical tests.

2. Preliminaries: model problem and notation

We consider the quasi-static Biot’s model for consolidation in a linearly elastic, homogeneous, and isotropic porous medium saturated by an incompressible Newtonian fluid. According to Biot’s theory [2], the mathematical model of the consolidation process is described by the following system of partial differential equations (PDEs) in a domain
This system is often subject to the following set of boundary conditions:

\[ p = 0, \quad \text{for} \quad x \in \Gamma_1, \quad \sigma' n = 0, \quad \text{for} \quad x \in \Gamma_c, \]
\[ u = 0, \quad \text{for} \quad x \in \Gamma_c, \quad \frac{\partial p}{\partial n} = 0, \quad \text{for} \quad x \in \Gamma_c, \]

where \( n \) is the outward unit normal to the boundary, \( \Gamma = \Gamma_1 \cup \Gamma_2 \), with \( \Gamma_1 \) and \( \Gamma_2 \) being open (with respect to \( \Gamma \)) subsets of \( \Gamma \) with nonzero measure. In the following, we omit the symbol “\( \_ \)” over \( \Gamma_1 \) and \( \Gamma_2 \) as it will be clear from the context that the essential boundary conditions are imposed on closed subsets of \( \Gamma \). Non-homogeneous boundary conditions are also of interest. Note that Dirichlet boundary conditions for \( p \) imply Neumann boundary conditions for \( w \) and vice-versa.

The initial condition at \( t = 0 \) is given by,

\[ \frac{1}{M} p + \alpha \nabla u \quad (x, 0) = 0, \quad x \in \Omega, \]

which yields the following mixed formulation of Biot’s three-field consolidation model:

For each \( t \in (0, T) \), find \((u(t), w(t), p(t)) \in V \times W \times Q \) such that

\[ a(u, v) - (\alpha p, \div v) = (\rho g, v), \quad \forall \ v \in V, \]
\[ (K^{-1} \mu_f w, r) - (p, \div r) = (\rho_f g, r), \quad \forall \ r \in W, \]
\[ \left( \frac{1}{M} \frac{\partial p}{\partial t}, q \right) + \left( \alpha \div \frac{\partial u}{\partial t}, q \right) + (\div w, q) = (f, q), \quad \forall \ q \in Q, \]

where,

\[ a(u, v) = 2\mu \int_{\Omega} \varepsilon(u) : \varepsilon(v) + \lambda \int_{\Omega} \div u \div v, \]
corresponds to linear elasticity. The function spaces used in the variational form are
\[ V = \{ u \in H^1(\Omega) \mid u|_{T^c} = 0 \}, \]
\[ W = \{ w \in H(\text{div}, \Omega) \mid (w \cdot n)|_{T^c} = 0 \}, \]
\[ Q = L^2(\Omega), \]
where \( H^1(\Omega) \) is the space of square integrable vector-valued functions whose first derivatives are also square integrable, and \( H(\text{div}, \Omega) \) contains the square integrable vector-valued functions with square integrable divergence.

We recall that the well-posedness of the continuous problem was established by Showalter [4], and, for the three-field formulation by Lipnikov [28]. Next, we focus on the behavior of some classical discretizations of Biot’s model.

### 2.1. Discretizations

First, we partition the domain \( \Omega \) into \( n \)-dimensional simplices and denote the resulting partition with \( T_h \), i.e., \( \overline{\Omega} = \bigcup_{T \in T_h} \overline{T} \). Further, with every simplex \( T \in T_h \), we associate two quantities which characterize its shape: the diameter of \( T \), \( h_T = \text{diam}(T) \), and the radius, \( \rho_T \), of the \( n \)-dimensional ball inscribed in \( T \). The simplicial mesh is shape regular if and only if \( h_T/\rho_T \lesssim 1 \) uniformly with respect to \( T \).

With the partitioning, \( T_h \), we associate a triple of piecewise polynomial, finite-dimensional spaces,
\[ V_h \subset V, \quad W_h \subset W, \quad Q_h \subset Q. \tag{16} \]

While we specify two choices of the space \( V_h \) later, we fix \( W_h \) and \( Q_h \) as follows,
\[ W_h = \{ w_h \in W \mid w_h|_T = a + \eta x, \ a \in \mathbb{R}^d, \ \eta \in \mathbb{R}, \ \forall T \in T_h \}, \]
\[ Q_h = \{ q_h \in Q \mid q_h|_T \in \mathbb{P}_0(T), \ \forall T \in T_h \}, \]
where \( \mathbb{P}_0(T) \) is the one-dimensional space of constant functions on \( T \). We note that the inclusions listed in (16) imply that the elements of \( V_h \) are continuous on \( \Omega \), the functions in \( W_h \) have continuous normal components across element boundaries, and that the functions in \( Q_h \) are in \( L^2(\Omega) \). This choice of \( W_h \) is the standard lowest order Raviart–Thomas–Nédélec space (RT0) and \( Q_h \) is the piecewise constant space (P0).

Finally, using backward Euler as a time discretization on a time interval \( (0, t_{\text{max}}] \) with constant time-step size \( \tau \), the discrete scheme corresponding to the three-field formulation (12)–(14) reads:

Find \( (u_h^m, w_h^m, p_h^m) \in V_h \times W_h \times Q_h \) such that
\[ a(u_h^m, v_h) - (\alpha p_h^m, \text{div} v_h) = (\rho g, v_h), \ \forall v_h \in V_h, \tag{17} \]
\[ \tau(K^{-1} \mu_j w_h^m, r_h) - \tau(p_h^m, \text{div} r_h) = \tau(\rho_j g, r_h), \ \forall r_h \in W_h, \tag{18} \]
\[ \left( \frac{1}{M} p_h^m \right)^{+} + (\alpha \text{div} u_h^m, q_h) + \tau(\text{div} w_h^m, q_h) = (\tilde{f}, q_h), \ \forall q_h \in Q_h, \tag{19} \]
where \( (\tilde{f}, q_h) = \tau(f, q_h) + (1/M) p_h^{m-1}, q_h) \) + \( (\alpha \text{div} u_h^{m-1}, q_h) \), and,
\[ (u_h^m, w_h^m, p_h^m) \approx (u(\cdot, t_m), w(\cdot, t_m), p(\cdot, t_m)), \quad t_m = m\tau, \ m = 1, 2, \ldots \]
Note that (18) has been scaled by \( \tau \) for symmetry reasons.

### 2.2. Effects of permeability on the error of approximation

For \( V_h \), we start with a popular finite-element approximation for (12)–(14) by choosing
\[ V_h = V_{h,1}, \quad \text{with} \quad V_{h,1} := \{ v_h \in V \mid v_h|_T \in [\mathbb{P}_1(T)]^d, \ \text{for all} \ T \in T_h \}, \]
where \( \mathbb{P}_1(T) \) is the space of linear polynomials on \( T \in T_h \). Then, \( V_{h,1} \) is the space of piecewise linear (with respect to \( T_h \)), continuous vector-valued functions. For uniformly positive definite permeability tensor, \( K \), such choice of spaces has been successfully employed for numerical simulations of Biot’s consolidation model (see [23, 28]). However, the heuristic considerations that expose some of the issues with this discretization are observed in cases when \( K \to 0 \). In such cases, \( w \to 0 \) and the discrete problem approaches a P1–P0 discretization of the Stokes’ equation. As it is well
known, the element pair, \( V_{h,1} \times Q_h \), does not satisfy the inf–sup condition and is unstable for the Stokes’ problem. In fact, on a uniform grid in \( 2D \), it is easy to prove that volumetric locking occurs, namely, that the only divergence-free function from \( V_{h,1} \) is the zero function. More precisely,

\[
\dim(Q_h) > \dim V_h > \dim \text{Range}(\text{div}_h), \quad \text{div}_h = \text{div} \big|_{V_h}.
\]

These inequalities imply that \( \text{div}_h \) is not an onto operator, and, hence, the pair of spaces violates the inf–sup condition associated with the discrete Stokes’ problem. More details on this undesirable phenomenon for Stokes are found in the classical monograph [29] and also in [30, pp. 45–100] and [31].

Here, we demonstrate numerically that for Biot’s model, the error in the finite-element approximation does not decrease when the permeability is small relative to the mesh size. We consider \( \Omega = (0, 1) \times (0, 1) \), and approximate (12)–(14) subject to homogeneous Dirichlet boundary conditions for \( u \), and Neumann boundary conditions for \( p \) for the rest of \( \Gamma \). We cover \( \Omega \) with a uniform triangular grid by dividing an \( N \times N \) uniform square mesh into right triangles, where the mesh spacing is defined by \( h = \frac{1}{N} \). The material parameters are \( \lambda = 2, \mu = 1, \mu_I = 1, \alpha = 1, \) and \( M = 10^6 \). We consider a diagonal permeability tensor \( K = kI \) with constant \( k \), and introduce the hydraulic conductivity, \( \kappa = k/\mu_f \). The other data is set so that the exact solution is given by

\[
\begin{align*}
&\mathbf{u}(x, y, t) = \text{curl} \varphi = \left( \frac{\partial_y \varphi}{-\partial_x \varphi} \right), \quad \varphi(x, y) = [xy(1 - x)(1 - y)]^2, \\
&p(x, y, t) = 1.
\end{align*}
\]

Finally, we set \( \tau = 1 \) and \( t_{\text{max}} = 1 \), so that we only perform one time step.

As seen in Table 2.1 the energy norm (\( \| \varphi \|_A^2 := a(\varphi, \varphi) \) for \( \varphi \in V \)) for the displacement errors and the \( L^2 \)-norm for pressure errors do not decrease until the mesh size is sufficiently small (compared with the permeability). Thus for small permeabilities, this could result in expensive discretizations which are less applicable to practical situations.

### 3. Stabilization and perturbation of the bilinear form

To resolve the above issue, we introduce a well-known stabilization technique based on enrichment of the piecewise linear continuous finite-element space, \( V_{h,1} \), with edge/face (2D/3D) bubble functions (see [32, pp. 145–149]). The discretization described below is based on a Stokes-stable pair of spaces \((V_h, Q_h)\) with \( V_h \supset V_{h,1} \). As we show later, in Section 4, this stabilization gives a proper finite-element approximation of the solution of Biot’s model independently of the size of the permeability, \( K \), or hydraulic conductivity, \( \kappa \).

#### 3.1. Stabilization by face bubbles

To define the enriched space, following [32], consider the set of \( (d-1) \) dimensional faces from \( \mathcal{T}_h \) and denote this set by \( \mathcal{E} = \mathcal{E}^o \cup \mathcal{E}^b \), where \( \mathcal{E}^o \) is the set of interior faces (shared by two elements) and \( \mathcal{E}^b \) is the set of faces on the boundary. In addition, \( \mathcal{E}^{f_i} \) is the set of faces on the boundary \( \Gamma_i \) and \( \mathcal{E}^{o,f_i} = \mathcal{E}^o \cap \mathcal{E}^{f_i} \). Note, if \( \Gamma_i = \partial \Omega \) (pure traction boundary condition), then \( \mathcal{E}^{f_i} = \mathcal{E}^b \) and \( \mathcal{E}^{o,f_i} = \mathcal{E}^o \). For any face \( e \in \mathcal{E}^o \), such that \( e \in \partial T \), and \( T \in \mathcal{T}_h \), let \( n_e, \tau \) be the outward (with respect to \( T \)) unit normal vector to \( e \). With every face \( e \in \mathcal{E}^o \), we also associate a unit vector \( n_e \), which

<table>
<thead>
<tr>
<th>( \kappa = 10^{-4} )</th>
<th>( N = 8 )</th>
<th>( N = 16 )</th>
<th>( N = 32 )</th>
<th>( N = 64 )</th>
<th>( N = 128 )</th>
</tr>
</thead>
<tbody>
<tr>
<td>( | u - u_h |_A )</td>
<td>0.0209</td>
<td>0.0089</td>
<td>0.0043</td>
<td>0.0022</td>
<td>0.0011</td>
</tr>
<tr>
<td>( | p - p_h |_{L^2} )</td>
<td>0.0535</td>
<td>0.0088</td>
<td>0.0015</td>
<td>0.0003</td>
<td>7.38 \times 10^{-5}</td>
</tr>
<tr>
<td>( \kappa = 10^{-6} )</td>
<td>( | u - u_h |_A )</td>
<td>0.0477</td>
<td>0.0271</td>
<td>0.0060</td>
<td>0.0022</td>
</tr>
<tr>
<td>( | p - p_h |_{L^2} )</td>
<td>0.3277</td>
<td>0.3199</td>
<td>0.0763</td>
<td>0.0999</td>
<td>0.0012</td>
</tr>
<tr>
<td>( \kappa = 10^{-8} )</td>
<td>( | u - u_h |_A )</td>
<td>0.0503</td>
<td>0.0497</td>
<td>0.0418</td>
<td>0.0147</td>
</tr>
<tr>
<td>( | p - p_h |_{L^2} )</td>
<td>0.3553</td>
<td>0.7157</td>
<td>1.1509</td>
<td>0.6537</td>
<td>0.1152</td>
</tr>
<tr>
<td>( \kappa = 10^{-10} )</td>
<td>( | u - u_h |_A )</td>
<td>0.0503</td>
<td>0.0503</td>
<td>0.0501</td>
<td>0.0484</td>
</tr>
<tr>
<td>( | p - p_h |_{L^2} )</td>
<td>0.3550</td>
<td>0.7271</td>
<td>1.4576</td>
<td>2.7836</td>
<td>3.4508</td>
</tr>
</tbody>
</table>
We note that \( \lambda \) is the unique element for which we have \( e \in \partial T \). For the interior faces, the particular direction of \( n_e \) is not important, although it is important that this direction is fixed. More precisely,

\[
    n_e = n_{e,T^+} = -n_{e,T^-} \quad \text{if} \quad e = T^+ \cap T^- \quad \text{and} \quad T^\pm \in \mathcal{T}_h. \tag{20}
\]

Further, with every face \( e \in \mathcal{E} \), \( e = T^+ \cap T^- \), we associate a vector-valued function \( \Phi_e \),

\[
    \Phi_e = \varphi_e n_e, \quad \text{with} \quad \varphi_e \bigg|_{T^\pm} = \varphi_e, T^\pm, \quad \text{and} \quad \varphi_e, T^\pm = \sum_{k=1}^{d+1} \lambda_k, T^\pm, \tag{21}
\]

where \( \lambda_k, T^\pm, k = 1, \ldots, (d + 1) \) are barycentric coordinates on \( T^\pm \) and \( j^\pm \) is the vertex opposite to the face \( e \) in \( T^\pm \). We note that \( \Phi_e \in V \) is a continuous piecewise polynomial function of degree \( d \).

Finally, the stabilized finite-element space \( V_h \) is defined as

\[
    V_h = V_{h,1} \oplus V_b, \quad V_b = \text{span} \{ \Phi_e \}_{e \in \mathcal{E}^{o,t}}. \tag{22}
\]

The degrees of freedom associated with \( V_h \) are the values at the vertices of \( \mathcal{T}_h \) and the total flux through \( e \in \mathcal{E}^{o,t} \) of \( (I - \Pi_1) v \), where \( \Pi_1 \) is the standard piecewise linear interpolant, \( \Pi_1 : C(\Omega) \mapsto V_{h,1} \). Then, the canonical interpolant, \( \Pi : C(\Omega) \mapsto V_h \), is defined as:

\[
    \Pi v = \Pi_1 v + \sum_{e \in \mathcal{E}^{o,t}} v_e \Phi_e, \quad v_e = \frac{1}{|e|} \int_e (I - \Pi_1) v.
\]

With this choice of \( V_h \), the variational form, (17)–(19), remains the same and we have the following block form of the discrete problem:

\[
    A \begin{pmatrix} U_h \\ U_l \\ W \\ P \end{pmatrix} = b, \quad \text{with} \quad A = \begin{pmatrix}
    A_{bh} & A_{bl} & 0 & G_b \\
    A_{pl} & A_{ll} & 0 & G_l \\
    0 & 0 & \tau M_w & \tau G \\
    G_{b}^T & G_{l}^T & \tau G^{T} & -M_p
    \end{pmatrix}, \tag{23}
\]

where \( U_h, U_l, W \) and \( P \) are the unknown vectors for the bubble components of the displacement, the piecewise linear components of the displacement, the Darcy velocity, and the pressure, respectively. The blocks in the definition of \( A \) correspond to the following bilinear forms:

\[
    a(u_h^b, v_h^b) \rightarrow A_{bh}, \quad a(u_l^b, v_l^b) \rightarrow A_{ll}, \quad a(u_b^l, v_b^l) \rightarrow A_{bl},
\]

\[
    - (ap_h, \text{div} v_h^b) \rightarrow G_h, \quad -(ap_l, \text{div} v_l^b) \rightarrow G_l, \quad -(p_b, \text{div} r_h) \rightarrow G,
\]

\[
    (K^{-1} \mu_f) w_h , r_h) \rightarrow M_w, \quad \left( \frac{1}{M} p_h , q_h \right) \rightarrow M_p,
\]

where \( u_h^b = u_h^l + u_b^l \) and \( u_l^b \in V_{h,1}, u_b^l \in V_b \), and an analogous decomposition for \( v_h \).

Next, we define the following notion of stability for discretizations of Biot’s model needed for the analysis.

**Definition 3.1.** The triple of spaces \( (\bar{V}_h, \tilde{W}_h, \tilde{Q}_h) \) is **Stokes–Biot stable** if and only if the following conditions are satisfied:

- \( a(u_h, v_h) \leq C_V \| u_h \|_1 \| v_h \|_1 \), for all \( u_h \in \bar{V}_h, v_h \in \bar{V}_h \);
- \( a(u_l, u_h) \geq C_V \| u_h \|_1^2 \), for all \( u_h \in \bar{V}_h \);
- The pair of spaces \( (\tilde{W}_h, \tilde{Q}_h) \) is Poisson stable, i.e., it satisfies stability and continuity conditions required by the mixed discretization of the Poisson equation;
- The pair of spaces \( (\bar{V}_h, \tilde{Q}_h) \) is Stokes stable.

Here, \( \| \cdot \|_1 \) and \( \| \cdot \| \) denote the standard \( H^1 \) norm and \( L^2 \) norm, respectively.

As mentioned earlier, the authors in [16] also propose a parameter-robust stable scheme for Biot’s system based on the conditions above. Following the same idea, here, we introduce a norm on \( V_h \times W_h \times Q_h \):

\[
    |||(u_h, w_h, p_h)||| := \left( \| u_h \|_A + \tau \| w_h \|_{K^{-1} \mu_f} + \tau^2 \xi^{-1} \| \text{div} w_h \|_2^2 + \xi \| p_h \|_2^2 \right)^{1/2}, \tag{24}
\]

where \( \xi = \sqrt{\lambda + 2\mu/d}, \) \( \xi = \frac{\mu}{\xi^2} + \frac{1}{M} \), and \( ||r||_{K^{-1} \mu_f} := (K^{-1} \mu_f r, r)^{1/2} \).
Further, we associate a composite bilinear form on the space, $V_h \times W_h \times Q_h$,

$$B(u_h, w_h, p_h; v_h, r_h, q_h) := a(u_h, v_h) - (\alpha p_h, \text{div} v_h) + \tau(K^{-1}\mu_f w_h, r_h) - \tau(p_h, \text{div} r_h)$$

$$- \left( \frac{1}{M} p_h, q_h \right) - (\alpha \text{div} u_h, q_h) - \tau(\text{div} w_h, q_h).$$

We then have the following theorem which shows that on every time step the discrete problem is solvable.

**Theorem 3.2.** If the triple $(V_h, W_h, Q_h)$ is Stokes–Biot stable, then:

$$B(\cdot, \cdot; \cdot, \cdot, \cdot)$$

is continuous with respect to $\|\langle\cdot, \cdot; \cdot, \cdot\rangle\|$; and

the following inf–sup condition holds.

$$\sup_{(p_h, r_h, q_h) \in V_h \times W_h \times Q_h} \frac{B(u_h, w_h, p_h; v_h, r_h, q_h)}{\|\langle u_h, w_h, p_h \rangle\|} \geq \gamma \|\langle v_h, r_h, q_h \rangle\|,$$

with a constant $\gamma > 0$ independent of mesh size $h$, time step size $\tau$, and the physical parameters.

**Proof.** The proof of Theorem 3.2 follows directly from Case I in the proof found in [16, Theorem 6]. □

**Remark 3.3.** The weighted norm, (24), used here is slightly different from the norm used in [16]. In [16], the authors are concerned with the tightness of the bounds for the stability analysis. This is not the focus here, but nevertheless, (24) also provides parameter-robustness, while still involving the bulk modulus $\lambda + 2\mu/d$. This gives the norm some physical meaning and has been shown to be effective in practice for other iterative schemes such as the fixed-stress splitting scheme [20].

Note that if we replace $a(\cdot, \cdot)$ with any spectrally equivalent bilinear form on $V_h \times V_h$, the same stability result holds true. In the next section, we introduce such a spectrally equivalent bilinear form which allows for: (1) Efficient elimination of the degrees of freedom corresponding to the bubble functions via static condensation; and (2) Derivation of optimal error estimates for the fully discrete problem, following the analysis in [33].

4. Local perturbation of the bilinear form and elimination of bubbles

A straightforward elimination of the edge/face bubbles is not local, and, in general, leads to a prohibitively large number of non-zeros in the resulting linear system. To resolve this, we introduce a consistent perturbation of $a(\cdot, \cdot)$, which has a diagonal matrix representation. It is then easy to eliminate the unknowns corresponding to the bubble functions in $V_h$ with no fill-in. This leads to a stable P1–RT0–P0 discretization for the Biot’s model and, consequently, to a stable P1–P0 discretization for the Stokes’ equation.

First, consider a natural decomposition of $u \in V_h$:

$$u = u_l + u_b = \underbrace{\Pi_l u}_{u_l} + \underbrace{\sum_{e \in \mathcal{E}^h} u_e \Phi_e}_{u_b},$$

and the local bilinear forms for $T \in \mathcal{T}_h$, $u \in V_h$, and $v \in V_h$:

$$a_T(u, v) = 2\mu \int_T \varepsilon(u) : \varepsilon(v) + \lambda \int_T \text{div} u \text{div} v.$$

For the restriction of $a(\cdot, \cdot)$ onto the space spanned by bubble functions $V_b$, we have

$$a_b(u_b, v_b) := a(u_b, v_b) = \sum_{T \in \mathcal{T}_h} \sum_{e \in \partial T} u_e a_T(\Phi_e, \Phi_e).$$

On each element, $T \in \mathcal{T}_h$, then introduce

$$d_b(u, v) = (d + 1) \sum_{e \in \partial T} u_e v_e a_T(\Phi_e, \Phi_e), \quad d_b(u, v) = \sum_{T \in \mathcal{T}_h} d_b(u, v_b).$$

Replacing $a_b(\cdot, \cdot)$ with $d_b(\cdot, \cdot)$ gives a perturbation, $a^D(\cdot, \cdot)$, of $a(\cdot, \cdot)$:

$$a^D(u, v) := d_b(u_b, v_b) + a(u_b, v_l) + a(u_l, v_b) + a(u_l, v_l).$$
4.1. A spectral equivalence result

To prove that the form $a^D(\cdot, \cdot)$ and $a(\cdot, \cdot)$ are spectrally equivalent, we need several auxiliary results. First, recall the definition of the rigid body motions (modes), $\mathcal{R}$ on $\mathbb{R}^d$:

$$\mathcal{R} = \{ v = a + bx \mid a \in \mathbb{R}^d, \ b \in \mathfrak{so}(d) \},$$

where $\mathfrak{so}(d)$ is the algebra of skew-symmetric $(d \times d)$ matrices. The dimension of $\mathcal{R}$ is $\frac{1}{2}d(d + 1)$ and its elements are component-wise linear vector-valued functions.

Next, recall the classical Korn inequality [34,35] for $u \in H^1(\Omega)$ for a domain $\Omega \subset \mathbb{R}^d$, star-shaped with respect to a ball. As shown by Kondratiev and Oleinik in [36,37],

$$\inf_{m \in \mathfrak{so}(d)} \| \nabla u - m \|_{L^2(\Omega)} \lesssim \| \varepsilon(u) \|_{L^2(\Omega)}, \quad (30)$$

where the constant hidden in $\lesssim$ depends on the shape regularity of $\Omega$, that is, on the ratio $\frac{\text{diam}(\Omega)}{h}$. For convenience when referencing (30) later, we state the following lemma, which gives a simpler version of the inequality defined on simplices, where $\Omega = T \in \mathcal{T}_h$.

**Lemma 4.1.** Let $\mathcal{T}_h$ be a shape-regular simplicial mesh covering $\Omega$. Then, the following inequality holds for any $T \in \mathcal{T}_h$ and $u \in H^1(T)$:

$$\inf_{m \in \mathfrak{so}(a)} \| \nabla u - m \|_{L^2(T)} \lesssim \| \varepsilon(u) \|_{L^2(T)}, \quad (31)$$

where the constant hidden in “$\lesssim$” depends on the shape regularity constant of $\mathcal{T}_h$.

Defining the unscaled bilinear form, $\tilde{d}_{b,T}$,

$$\tilde{d}_{b,T}(u,v) := \sum_{e \in \partial T} u_e v_e a_T(\Phi_e, \Phi_e), \quad (32)$$

we have the following local, spectral equivalence result.

**Lemma 4.2.** For all $T \in \mathcal{T}_h$ the following inequalities hold:

$$\eta_T \tilde{d}_{b,T}(u,u) \leq a_{b,T}(u,u) \leq (d + 1) \tilde{d}_{b,T}(u,u), \quad \text{for all } u \in V_b, \quad (33)$$

where the constant $\eta_T$ is independent of $h_T$ and $\rho_T$.

**Proof.** Set $a_{e,e'} = a_{b,T}(\Phi_e, \Phi_{e'})$ and note that $a_{e,e} = \tilde{d}_{b,T}(\Phi_e, \Phi_e)$ for all $e, e' \in \partial T$. The upper bound follows immediately by two applications of the Cauchy–Schwarz inequality:

$$a_{b,T}(u,u) = \sum_{e,e' \in \partial T} a_{e,e'} u_e u_{e'} \leq \sum_{e,e' \in \partial T} \sqrt{a_{e,e} a_{e',e'}} |u_e u_{e'}| = \left( \sum_{e \in \partial T} \sqrt{a_{ee}} |u_e| \right)^2 \leq (d + 1) \sum_{e \in \partial T} a_{ee} u_e^2 = (d + 1) \tilde{d}_{b,T}(u,u).$$

We prove the lower bound by establishing the following inequalities for $u \in V_b$:

$$h_T^{-2} \| u \|_{L^2(T)}^2 \lesssim a_{b,T}(u,u), \quad \text{and} \quad \tilde{d}_{b,T}(u,u) \lesssim h_T^{-2} \| u \|_{L^2(T)}^2. \quad (34)$$

By definition for all $u \in V_b$ and all rigid body modes $\tau \in \mathcal{R}$, we have that $\Pi_1 u = 0$ and $\Pi_1 \tau = \tau$. The classical interpolation estimates found in [38, Chapter 3] give

$$\| u \|_{L^2(T)}^2 = \| u - \tau - \Pi_1(u - \tau) \|_{L^2(T)}^2 \lesssim h_T^2 \| \nabla (u - \tau) \|_{L^2(T)}^2.$$

Taking the infimum over all $\tau \in \mathcal{R}$ and applying Korn’s inequality (Lemma 4.1) then yields

$$h_T^{-2} \| u \|_{L^2(T)}^2 \lesssim \inf_{\tau \in \mathcal{R}} \| \nabla (u - \tau) \|_{L^2(T)}^2 = \inf_{m \in \mathfrak{so}(d)} \| \nabla u - m \|_{L^2(T)}^2 \lesssim \| \varepsilon(u) \|_{L^2(T)}^2.$$
This shows the first inequality in (34), and to prove the second inequality, we note that from the definition of \( \tilde{d}_{b,T}(\cdot, \cdot) \) and the inverse inequality, we have that
\[
\tilde{d}_{b,T}(u, u) \lesssim \sum_{e \in \partial T} u_e^2 \left[ \| \nabla \Phi_e \|^2_{L^2(T)} + \lambda \| \text{div} \Phi_e \|^2_{L^2(T)} \right] \lesssim h_T^{-2} \sum_{e \in \partial T} u_e^2 \| \Phi_e \|^2_{L^2(T)}.
\]

Recalling the definition of \( \Phi_e \) in (21) and the formula for integrating powers of the barycentric coordinates, gives
\[
\Phi_e = \varphi_e \eta_e, \quad \int_T \lambda \beta_1 \ldots \beta_{d+1} dx = |T| \frac{\beta_1 \ldots \beta_{d+1} d!}{(\beta_1 + \ldots + \beta_{d+1} + d)!}.
\]

It follows that
\[
\| \Phi_e \|^2_{L^2(T)} = c_d |T| \sum_{e \in \partial T} u_e^2 \leq c_d |T| \left[ \sum_{e \in \partial T} u_e^2 + \sum_{e, e' \in \partial T} u_e u_{e'} \langle \eta_e, \eta_{e'} \rangle \right]
\]
\[
= \left\| \sum_{e \in \partial T} u_e \Phi_e \right\|^2_{L^2(T)} = \| u \|^2_{L^2(T)}.
\]

Multiplying by \( h_T^{-2} \) on both sides of this inequality furnishes the proof of (34), completing the proof of the lemma.

Next, we show the spectral equivalence for the bilinear forms \( a(\cdot, \cdot) \) and \( a^D(\cdot, \cdot) \).

**Lemma 4.3.** The following inequalities hold:
\[
a(u, u) \leq a^D(u, u) \leq \eta a(u, u), \quad \text{for all } u \in V_h,
\]
where \( \eta \) depends on the shape regularity of the mesh.

**Proof.** Let \( u \in V_h \) and \( u = u_l + u_b \). From the definition of \( d_b(\cdot, \cdot) \) in (28), \( a_{b,T}(u_b, u_b) \leq d_{b,T}(u_b, u_b) \), and the lower bound follows immediately:
\[
a(u, u) - a^D(u, u) = a_b(u_b, u_b) - d_b(u_b, u_b) = \sum_{T \in T_h} [a_{b,T}(u_b, u_b) - d_{b,T}(u_b, u_b)] \leq 0.
\]

To prove the upper bound, we use the following local estimate, which is established using an inverse inequality, a standard interpolation estimate, and \( \Pi \tau = \tau \) for all rigid body modes \( \tau \in \mathcal{N} \),
\[
a_T(u_b, u_b) \lesssim \| \nabla u_b \|^2_{L^2(T)} \lesssim h_T^{-2} \| u_b \|^2_{L^2(T)} = h_T^{-2} \| u - \Pi u \|^2_{L^2(T)}
\]
\[
togetherwith\quad h_T^{-2} \| (u - \tau) - \Pi (u - \tau) \|^2_{L^2(T)} \lesssim \| \nabla (u - \tau) \|^2_{L^2(T)}.
\]

Taking the infimum over all \( \tau \in \mathcal{N} \) and applying the Korn’s inequality (Lemma 4.1) then yields
\[
a_T(u_b, u_b) \lesssim \inf_{\tau \in \mathcal{N}} \| \nabla (u - \tau) \|^2_{L^2(T)} = \inf_{m \in \mathbb{M}^{\text{iso}}(d)} \| \nabla u - m \|^2_{L^2(T)} \lesssim \| \epsilon(u) \|^2_{L^2(T)}.
\]

This inequality, combined with the definition of \( a^D(\cdot, \cdot) \), and the lower bound in Lemma 4.2 gives,
\[
a^D(u, u) = a(u, u) + \sum_{T \in T_h} d_{b,T}(u_b, u_b) - a_T(u_b, u_b)
\]
\[
\leq a(u, u) + \sum_{T \in T_h} \left( \frac{d + 1}{\eta_T} - 1 \right) a_T(u_b, u_b)
\]
\[
\lesssim a(u, u) + \sum_{T \in T_h} \left( \frac{d + 1}{\eta_T} - 1 \right) \| \epsilon(u) \|^2_{L^2(T)}
\]
\[
\lesssim a(u, u). \quad \Box
\]
Since we have shown that the bilinear form \( a^D(\cdot, \cdot) \) can replace \( a(\cdot, \cdot) \) in Definition 3.1, then Theorem 3.2 holds when the bilinear form, \( B(\cdot, \cdot ; \cdot ; \cdot, \cdot) \), has \( a^D(\cdot, \cdot) \) instead of \( a(\cdot, \cdot) \). Thus, the variational problem,

\[
a^D(u_h^m, v_h) - (\alpha p_h^m, \text{div } v_h) = (\rho g, v_h), \quad \forall v_h \in V_h, \tag{36}
\]

\[
(K^{-1} \mu \tilde{w}_h^m, r_h) - (p_h^m, \text{div } r_h) = (\rho f, r_h), \quad \forall r_h \in W_h, \tag{37}
\]

\[
\left( \frac{1}{M} \tilde{w}_h^m, q_h \right) + (\alpha \text{div } \tilde{u}_h^m, q_h) + (\text{div } w_h^m, q_h) = (f, q_h), \quad \forall q_h \in Q_h, \tag{38}
\]

has a unique solution and defines an invertible operator with inverse bounded independent of the mesh size \( h \). This observation plays a crucial role in the error estimates in the next subsection.

For later comparison, we define following block form of the discrete problem:

\[
A^D \begin{pmatrix} U_h \\ U_l \\ W \\ P \end{pmatrix} = b, \quad \text{with } A^D = \begin{pmatrix} D_{hh} & A_{hl} & 0 & G_h \\ A_{lh}^T & A_{ll} & 0 & G_l \\ 0 & 0 & \tau M_w & \tau G \\ G_b^T & G_l^T & \tau G^T & -M_p \end{pmatrix}, \tag{39}
\]

where everything is defined as before and \( D_{hh} \) corresponds to \( a^D(u_h^b, v_h^b) \).

### 4.2. Error estimates for the fully discrete problem

To derive the error analysis of the fully discrete scheme, following the standard error analysis of time-dependent problems in Thomée [39], we first define the following elliptic projections \( \tilde{u}_h \in V_h, \tilde{w}_h \in W_h, \) and \( \bar{p}_h \in Q_h \) for \( t > 0 \) as usual,

\[
a^D(\tilde{u}_h, v_h) - (\alpha \bar{p}_h, \text{div } v_h) = a(u, v_h) - (\alpha p, \text{div } v_h), \quad \forall v_h \in V_h, \tag{40}
\]

\[
(K^{-1} \mu \tilde{w}_h, r_h) - (\bar{p}_h, \text{div } r_h) = (K^{-1} \mu w, r_h) - (p, \text{div } r_h), \quad \forall r_h \in W_h, \tag{41}
\]

\[
(\text{div } \tilde{w}_h, q_h) = (\text{div } w, q_h), \quad \forall q_h \in Q_h. \tag{42}
\]

Note that the above elliptic projections are decoupled; \( \tilde{w}_h \) and \( \bar{p}_h \) are defined by (41) and (42), which is a mixed formulation of the Poisson equation. Therefore, the existence and uniqueness of \( \tilde{w}_h \) and \( \bar{p}_h \) follow directly from standard results. After \( \bar{p}_h \) is defined, \( \tilde{u}_h \) is then determined by solving (40), which is a linear elasticity problem, and again the existence and uniqueness of \( \tilde{u}_h \) follow from standard results. Now, we split the errors as follows,

\[
u(t_n) - u_h^m(t_n) = (u(t_n) - \tilde{u}_h(t_n)) - (u_h^m - \bar{u}_h(t_n)) =: \rho_u^m - e_u^m,
\]

\[
\omega(t_n) - w_h^m(t_n) = (\omega(t_n) - \tilde{w}_h(t_n)) - (w_h^m - \bar{w}_h(t_n)) =: \rho_w^m - e_w^m,
\]

\[
p(t_n) - p_h^m(t_n) = (p(t_n) - \bar{p}_h(t_n)) - (p_h^m - \bar{p}_h(t_n)) =: \rho_p^m - e_p^m.
\]

**Lemma 4.4.** The following error estimates for the elliptic projections defined in (40)–(42) hold for \( t > 0 \),

\[
\|\rho_u\| \leq c h (\|u\|_2 + \|p\|_1), \tag{43}
\]

\[
\|\rho_w\| \leq c h \|w\|_1, \tag{44}
\]

\[
\|\rho_p\| \leq c h (\|p\|_1 + \|w\|_1). \tag{45}
\]

**Proof.** Error estimates in (44) and (45) follow from the error analysis of the mixed formulation of Poisson problems. The estimate (43) follows from the triangle inequality:

\[
\|\rho_u\| \leq \|u - \Pi_1 u\|_1 + \|\Pi_1 u - \tilde{u}_h\|_1,
\]

where \( \Pi_1 u \) is the linear interpolant of \( u \). Using the coercivity of \( a^D(\cdot, \cdot) \) and that \( a^D(\Pi_1 u, v_h) = a(\Pi_1 u, v_h) \forall v_h \in V_h, \) for the linear function, \( \Pi_1 u \), we get,

\[
\alpha^D V \|\Pi_1 u - \tilde{u}_h\|_1^2 \leq a^D(\Pi_1 u - \tilde{u}_h, \Pi_1 u - \bar{u}_h) = a(\Pi_1 u, \Pi_1 u - \bar{u}_h) - a^D(\bar{u}_h, \Pi_1 u - \bar{u}_h).
\]

Taking into account that \( \tilde{u}_h \) is the solution of Eq. (40),

\[
\alpha^D V \|\Pi_1 u - \tilde{u}_h\|_1^2 \leq a(\Pi_1 u - u, \Pi_1 u - \bar{u}_h) + \alpha (p - \bar{p}_h, \text{div}(\Pi_1 u - \bar{u}_h)) \leq C V \|\Pi_1 u - u\|_1 \|\Pi_1 u - \bar{u}_h\|_1 + \alpha \|p - \bar{p}_h\| \|\Pi_1 u - \bar{u}_h\|_1.
\]
Then, it follows that
\[
\|\rho_u\|_1 \leq \left(1 + \frac{C^D}{\alpha \rho_u} \right) \|u - \Pi_1 u\|_1 + \frac{\alpha}{\alpha \rho_u} \|\rho_p\|
\]
The error estimate in (43) is obtained by using (45) and the standard error estimates for linear finite elements. □

We similarly define the elliptic projection, \(\overline{\partial}_t u_h, \overline{\partial}_t w_h,\) and \(\overline{\partial}_t p_h\) of \(\partial_t u_h, \partial_t w_h,\) and \(\partial_t p_h\) respectively. This gives similar estimates as above for \(\partial_t \rho_u, \partial_t \rho_w,\) and \(\partial_t \rho_p,\) where on the right-hand side of the inequalities we use norms of \(\partial_t u_h, \partial_t w_h,\) and \(\partial_t p_h\) instead of the norms of \(u_h, w_h,\) and \(p_h\) respectively.

Next, we estimate the errors, \(e_u, e_w,\) and \(e_p\) using the following norm,
\[
\|(u_h, w_h, p_h)\|_{t, h} := \left(\|u_h\|^2 + \|w_h\|^2 + \left(\frac{1}{M} + 1\right) \|p_h\|^2\right)^{1/2},
\]
where \(\|w_h\|^2_{K^{-1} \mu_f} := (K^{-1} \mu_f w_h, w_h)\).

**Lemma 4.5.** Let \(R_u^t := \overline{\partial}_t u(t) - \frac{\bar{u}_h(t_j) - \bar{u}_h(t_j-1)}{\tau}\). Then,
\[
\|(e^u_m, e^w_m, e^p_m)\|_{t, h} \leq c \left(\|e^u_0\|_1 + \frac{1}{M} \|e^p_0\| + \tau \sum_{j=1}^n \|R_u^j\|_1\right),
\]

**Proof.** Choosing \(v = v_h\) in (12), \(r = r_h\) in (13), and \(q = q_h\) in (14), subtracting these equations from (36)–(38), and using the definition of elliptic projections given in (40), (41), and (42) yields,
\[
a^D(e^u_m, v_h) - (\alpha e^w_m, \text{div} v_h) = 0,
\]
\[
(K^{-1} \mu_f e^w_m, r_h) - (e^p_m, \text{div} r_h) = 0,
\]
\[
- \left(\frac{1}{M} \overline{\partial}_t e^p_m, q_h\right) - (\alpha \text{div} \overline{\partial}_t e^m, q_h) - (\text{div} e^w_m, q_h) = (\text{div} R_u^m, q_h).
\]
Then, choosing \(v_h = \overline{\partial}_t e^m, r_h = e^w_m\) and \(q_h = -e^p_m\) in (47), (48), and (49), respectively, and adding these equations, yields,
\[
\|e^m_m\|^2_{a^D} + \tau \|e^w_m\|^2_{K^{-1} \mu_f} + \frac{1}{M} \|e^p_m\|^2 \leq \|e^m_m\|_{a^D} \|e^{m-1}_u\|_{a^D} + \frac{1}{M} \|e^p_m\| \|e^{m-1}_p\| + \tau \|\text{div} R_u^m\| \|e^m_p\|.
\]
Using the inf–sup condition corresponding to the mixed formulation of the Darcy problem with RT0-P0 and using the equality in (48) gives,
\[
\|e^p_m\| \leq c \sup_{0 \neq r_h \in W_h} \frac{(e^m, \text{div} r_h)}{\|r_h\|_{H(\text{div})}} = c \sup_{0 \neq r_h \in W_h} \frac{(K^{-1} \mu_f e^w_m, r_h)}{\|r_h\|_{H(\text{div})}} \leq \tilde{c} \|e^w_m\|_{K^{-1} \mu_f}.
\]
By applying \(ab \leq \frac{a^2}{2} + \frac{b^2}{2}\) and the bound in (50), the following inequality holds,
\[
\|e^m_m\|^2_{a^D} + \tau \|e^w_m\|^2_{K^{-1} \mu_f} + \frac{1}{M} \|e^p_m\|^2 \leq \|e^{m-1}_u\|^2_{a^D} + \frac{1}{M} \|e^{m-1}_p\|^2 + c \tau \|R_u^m\|_2^2.
\]
This implies by recursion that
\[
\|e^m_m\|^2_{a^D} + \tau \|e^w_m\|^2_{K^{-1} \mu_f} + \frac{1}{M} \|e^p_m\|^2 \leq \|e^0_u\|^2_{a^D} + \frac{1}{M} \|e^0_p\|^2 + c \tau \sum_{j=1}^n \|R_u^j\|_2^2.
\]
From the coercivity and continuity of the bilinear form, \(a^D(\cdot, \cdot),\) the estimate in (46) is obtained. □

Finally, following the same procedures of Lemma 8 in [14], we have
\[
\sum_{j=1}^n \|R_u^j\|_1 \leq c \left(\int_0^{t_n} \|\overline{\partial}_t u\|_1 dt + \frac{1}{\tau} \int_0^{t_n} \|\overline{\partial}_t \rho_u\|_1 dt\right).
\]
Thus, we derive the following error estimates.
Theorem 4.6. Let $u$, $w$, and $p$ be the solutions of (12)–(14) and $u_h^n$, $w_h^n$, and $p_h^n$ be the solutions of (36)–(38). If the following regularity assumptions hold,

$$u(t) \in L^\infty((0, T], H^1(\Omega)) \cap L^\infty((0, T], H^2(\Omega)),$$

$$\partial_u u \in L^1((0, T], H^1(\Omega)),$$

$$w(t) \in L^\infty((0, T], H_0(\text{div}, \Omega)) \cap L^\infty((0, T], H^1(\Omega)),$$

$$p \in L^\infty((0, T], H^1(\Omega)),$$

then,

$$\|(u(t_n) - u_h^n, w(t_n) - w_h^n, p(t_n) - p_h^n)\|_{t,h} \leq c \left( \|e_u^0\|_1 + \frac{1}{M} \|e_p^0\| + \tau \int_0^{t_n} \|\partial_t u\|_1 dt \right) + h \left[ \|u\|_2 + \tau^{1/2}\|w\|_1 + \|w\|_1 + \|p\|_1 + \int_0^{t_n} (\|\partial_t u\|_2 + \|\partial_t p\|_1) dt \right].$$

Proof. The error estimate follows directly from (46), (51), (43)–(45), and the triangle inequality. □

4.3. Practical implementation

Since $d_h(\cdot, \cdot)$ has a diagonal matrix representation, we can eliminate the degrees of freedom corresponding to the bubble functions in order to have the same degrees of freedom as in the original P1–RT0–P0 method for the three-field formulation of the poroelasticity problem. After eliminating such unknowns from (39), we obtain a $(3 \times 3)$ block discrete linear system with similar blocks:

$$\hat{A}^D = \begin{pmatrix}
A_{ii} - A_{ib}^T D_{bb}^{-1} A_{ib} & 0 & G_i - A_{ib}^T D_{bb}^{-1} G_b \\
0 & \tau G & \tau G \\
G_i^T - G_b^T D_{bb}^{-1} A_{ib} & \tau G_i & -M_p - G_b^T D_{bb}^{-1} G_b
\end{pmatrix}.$$

5. Stabilized P1–P0 discretization for the Stokes problem

When the permeability tends to zero in the poroelasticity problem, a Stokes-type problem is obtained. Thus, all the results obtained above can be directly applied to Stokes’ equations. In particular, after the elimination of the bubble functions, one obtains a finite-element pair for the Stokes’ system, based on piecewise linear elements for the velocity and piecewise constant functions for the pressure. This gives a Stokes-stable finite-element method with a minimum number of degrees of freedom.

To illustrate this further, consider the Stokes’ problem for steady flow,

$$-\text{div}(2\nu \varepsilon(u) - pI) = f, \quad \text{in } \Omega,$$

$$\text{div} u = 0, \quad \text{in } \Gamma,$$

$$u = 0, \quad \text{on } \Gamma',$$

where $u$ denotes the fluid velocity, $p$ is the pressure, $\nu$ is the viscosity constant, $f \in (L^2(\Omega))^d$ is a given forcing term acting on the fluid, and $\varepsilon(u) = \frac{1}{2}(\nabla u + \nabla u^T)$. By considering $V = H^1(\Omega)$ and $Q = L^2(\Omega)$ consisting of functions with zero mean value on $\Omega$, we write the weak formulation of problem (54)–(56) as follows

$$a_S(u, v) - (p, \text{div} v) = (f, v), \quad \forall \ v \in V,$$

$$\text{div} u = 0, \quad \forall \ q \in Q,$$

where $a_S(u, v) = 2\nu \int_\Omega \varepsilon(u) : \varepsilon(v)$. As in the previous sections, we introduce the following finite-dimensional subspaces. For velocity, let $V_h$ be the space of piecewise linear elements enriched with the normal components of face bubble functions. For pressure, let $Q_h$ be the subspace of piecewise constant functions. Then, the discrete variational formulation is given by:
Find \((u_h, p_h) \in V_h \times Q_h\) such that
\[
\begin{align*}
a^S(u_h, v_h) - (p_h, \text{div} v_h) &= (f, v_h), \quad \forall \ v_h \in V_h, \\
(\text{div} u_h, q_h) &= 0, \quad \forall \ q_h \in Q_h.
\end{align*}
\tag{59}
\]

This formulation gives rise to the following block form of the fully discrete problem,
\[
\mathcal{A}_S \begin{pmatrix} U_b \\ U_l \\ P \end{pmatrix} = b, \quad \text{with} \quad \mathcal{A}_S = \begin{pmatrix} A_{bb} & A_{bl} & G_b \\ A_{bl}^T & A_{ll} & G_l \\ G_b^T & G_l^T & 0 \end{pmatrix},
\tag{61}
\]
where \(U_b, U_l,\) and \(P\) are the unknown vectors corresponding to the bubble component of the velocity, the linear component of the velocity, and the pressure, respectively. With the aim of eliminating the degrees of freedom corresponding to the bubble functions, we replace \(A_{bb}\) by a spectrally-equivalent diagonal matrix \(D_{bb}\), obtaining the following block form of the coefficient matrix,
\[
\tilde{\mathcal{A}}_S^D = \begin{pmatrix} D_{bb} & A_{bl} & G_b \\ A_{bl}^T & A_{ll} & G_l \\ G_b^T & G_l^T & 0 \end{pmatrix}.
\tag{62}
\]

Finally, we eliminate unknowns corresponding to the bubbles to obtain a 2 by 2 system,
\[
\tilde{\mathcal{A}}_3^D = \begin{pmatrix} A_{ll} - A_{bl}D_{bb}^{-1}A_{bl} & G_l - A_{bl}^T D_{bb}^{-1}G_b \\ G_l^T - G_{bb}^{-1}A_{bl} & -G_{bb}^{-1}D_{bb}^{-1}G_b \end{pmatrix}.
\tag{63}
\]

The resulting scheme is a stabilized P1–P0 discretization of Stokes in which stabilization terms appear in every sub-block. Optimal order error estimates for this stabilized scheme follow from the estimates provided in [32, pp. 145–149] for the pair of spaces \((V_h, Q_h)\), \(V_h = V_{h,1} \oplus V_b\).

### 5.1. Mass conservation

Finally, we briefly comment on an efficient post-processing step to ensure that the numerical solution obtained above preserves mass. Let \((u_h, p_h) \in V_h \times Q_h\), with \(u_h = u_l + u_b\) be the numerical solution to Stokes’ equation obtained in the following way: first, we solve System (63) for \(u_l\); and then, we compute \(u_b\). Note that the second step requires only the solution of systems with \(D_{bb}\), which is a diagonal matrix. A mass-conserving approximation is then obtained by interpolating the numerical solution using the interpolant from the lowest-order BDM space (see Brezzi, Douglas and Marini [40], and Brezzi, Douglas, Duran and Fortin [41] for more details).

More specifically, let \(H_h^{\text{BDM}}\) be the standard interpolation operator in the BDM space as defined in [29], [42, Section 5.4]. From the commuting diagram property of BDM elements (see, e.g. [31, Proposition 2.5.2]),
\[
\text{div} \ H_h^{\text{BDM}} w = H_h^0 \text{div} w,
\]
for all sufficiently smooth \(w \in V\). Here, \(H_h^0\) is the \(L^2(\Omega)\)-orthogonal projection on the space of piecewise constants, \(Q_h\). This implies that
\[
\int_\Omega \text{div} H_h^{\text{BDM}} u_h q_h = \int_\Omega \text{div} u_h q_h = 0, \quad \text{for all} \quad q_h \in Q_h,
\tag{64}
\]
which shows that \(H_h^{\text{BDM}} u_h\) is indeed mass conservative.

Furthermore, we show that \(H_h^{\text{BDM}} u_h\) also approximates the solution, \(u\), to Stokes’ equation in the \(L^2(\Omega)\)-norm. We recall the following classical error estimate for the BDM interpolant (see, e.g. [31, Proposition 2.5.4], [42, Theorem 5.25]):
\[
\| w - H_h^{\text{BDM}} w \| \lesssim h |w|_1.
\tag{65}
\]

As a consequence from (65),
\[
\| H_h^{\text{BDM}} w \| \leq \| w - H_h^{\text{BDM}} w \| + \| w \| \lesssim h |w|_1 + \| w \|.
\tag{66}
\]
Now, using estimates (65) and (66), we obtain the following a priori error estimate,
\[ \| u - u_h \|_A \leq \| u - \Pi_h^{BDM} u \| + \| \Pi_h^{BDM}(u - u_h) \| \]
\[ \lesssim h |u|_1 + h |u - u_h|_1 + \| u - u_h \| \]
\[ \lesssim h |u|_1 + |u - u_h|_1 \lesssim h \| u \|_2. \]

Note that we have used Korn’s inequality for \((u - u_h)\), which is a function vanishing on the Dirichlet part of the boundary. Thus, (64) and the a priori estimate above guarantee that the BDM interpolant of the numerical solution, \(\Pi_h^{BDM} u_h\), is a mass-conserving approximation to \(u\), which requires little extra cost to compute.

### 6. Numerical results

In this section we illustrate the theoretical convergence results obtained in previous sections. We present results for both the poroelastic problem and for Stokes’ equations. All test problems were implemented in the HAZmath library [43], which contains routines for finite elements, multilevel solvers, and graph algorithms.

#### 6.1. Poroelastic problem

First we consider the test included in Section 2.2, in order to show the corresponding results when the stabilized P1–RT0–P0 is considered. Table 6.1 displays the energy norm errors for displacement and \(L^2\)-norm errors for pressure obtained by applying the scheme after diagonalizing the block corresponding to the bubble functions, \(A^D\) (System (39)). For this test, different values of the parameter \(\kappa\) and different mesh-sizes are considered to show that the errors are appropriately reduced independently of the physical parameters, in contrast to the original P1–RT0–P0 scheme (Table 1).

We also compare the obtained errors with those provided by the fully enriched element, \(A\) (System (23)), in order to see that the same error reduction is achieved. Fig. 6.1, displays a comparison of the displacement and pressure errors in the energy and \(L^2\) norms, respectively, for different grid sizes. We choose \(\kappa = 10^{-8}\) here, though similar pictures are obtained for different values of \(\kappa\). We observe that the slopes corresponding to both schemes are the same, although the scheme corresponding to the diagonal version provides slightly worse errors. However, this scheme, when the bubble block is eliminated, uses less degrees of freedom and is easily implemented from an already existing P1–RT0–P0 code.

To demonstrate the method on a realistic test problem, we also consider a three-dimensional footing problem (see [44]). The computational domain is a unit cube modeling a block of porous soil. A uniform load of intensity \(3 \times 10^4\) N/m\(^2\) is applied in a square of size \(0.5 \times 0.5\) m\(^2\) at the top of the domain. The base of the domain is assumed to be fixed while the rest of the domain is free to drain. For the material properties, the Lame coefficients are computed in terms of the Young modulus, \(E\), and the Poisson ratio, \(\nu\): \(\lambda = \frac{E\nu}{(1-2\nu)(1+\nu)}\) and \(\mu = \frac{E}{1+2\nu}\). We fix \(E = 3 \times 10^4\) N/m\(^2\) and \(\nu = 0.45\) to simulate a somewhat stiff material, and consider \(K = 10^{-6}I\).

Fig. 6.2 compares the solution of this footing problem using both the fully enriched element, \(A\) (System (23)), and the scheme after diagonalizing the block corresponding to the bubble functions, \(A^D\) (System (39)). For simplicity,
we compare the vertical displacement and the pressure. We see little difference between the two sets of results. We confirm this by computing the difference in the two solutions using the energy norm for the displacements and the $L^2$ norm for pressure. Fig. 6.3 shows convergence of the two approaches with mesh size.

6.2. Stokes’ problem

While it is well-known that the P1–P0 finite element pair is not stable for Stokes’ equations, we show here that the new formulation, $\mathcal{A}_V^D$ (63), resulting from the elimination of the normal components of the bubbles, does provide a stable method. Consider (54)–(56) on a unit square $(0, 1) \times (0, 1)$, where the right-hand side $f$ is chosen such that the
analytical solution is given by
\[ u(x, y) = (\sin(\pi x) \cos(\pi y), -\cos(\pi x) \sin(\pi y)), \quad p(x, y) = 0.5 - x. \]

Fig. 6.4 compares the error reduction for both the velocity and pressure using the bubble function enhanced schemes described by \( A_S (61) \) and \( A^{D}_S (62) \).

We perform a similar three-dimensional test, solving (54)–(56) on a unit cube, where the right-hand side \( f \) is chosen such that the analytical solution is given by
\[ u(x, y, z) = (-\sin(\pi x) \sin(\pi (y - z)), \sin(\pi y) \sin(\pi (x - z)), -\sin(\pi z) \sin(\pi (x - y))), \quad p(x, y, z) = 0.5 - x. \]

The results are shown in Fig. 6.5.

For all test problems, the energy norm for the velocity is defined as \( \|\mathbf{v}\|_{A}^2 := a^S(\mathbf{v}, \mathbf{v}) = 2\mu(\mathbf{e}(\mathbf{v}), \mathbf{e}(\mathbf{v})) \) for \( \mathbf{v} \in V \). Both methods give the same, optimal, order of convergence, demonstrating that the inclusion of the bubble functions guarantee the stability of the method. Moreover, though the errors are slightly higher, the elimination of the bubble functions would provide a stable convergent method, but reduces the problem to one that contains the same number of degrees of freedom as the P1–P0 discretization. Thus, we get a stable scheme with no increase in cost.

7. Conclusions

In this paper, we have shown how to stabilize the popular P1–RT0–P0 finite-element discretization for a three-field formulation of the poroelasticity problem. By adding the normal components of the bubble basis functions associated with the faces of the triangulation to the P1 element for displacements, we have demonstrated that an inf–sup condition is satisfied independently of the physical and discretization parameters of the problem. Moreover, the degrees of
freedom added to the faces can be eliminated resulting in a stable scheme with the same number of unknowns as in the initial P1–RT0–P0 discretization. Furthermore, this idea has been extended to the Stokes’ equations, yielding a stable finite-element formulation with the lowest possible number of degrees of freedom, equivalent to a P1–P0 discretization. Future work includes investigating such formulations and their performance for various applications in poroelasticity, and extending the discretization to other PDE systems which have similar properties to the Stokes’ equations.

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